

Noosa Men's Shed Newsletter

APRIL 2018



Web: noosa-mens-shed.org.au

Facebook: [NoosaMensShed](https://www.facebook.com/NoosaMensShed)

Member of: **Australian Men's Shed Association** and **Queensland Men's Shed Association**

Another Good Month.

When have we not had a good month at the Shed? We are indeed a lucky Shed. However, I think we all make our own luck, at least in part and that is certainly the case for us at the Noosa Men's Shed.

We began the month with a great result of nearly \$1,000 from the **sausage sizzle at Bunnings** on Easter Monday. Once again, we all owe a lot of thanks to Tom Gittings and team for their time and effort on our behalf.

We also received \$3,800 for the **Spanner in the Works health fair** (13 June) and some first-aid training from the Federal Department of Health through AMSA.

Unitywater recently held a Staff Expo at its depot in Maroochydore where a small team from the Shed helped cook a BBQ lunch for the Unitywater staff and display some of our artwork from the Studio. In return those same generous **staff members** raised nearly \$1,000 for us from their own pockets. Most of them have not even seen our Shed, however I did invite them to visit, so please look after them when they come.

Of course, all this income is not a one-way process as you would all know. However without it, we would be doing a lot less around the Shed.

The superb **Gordon Craig Annex** was opened by Sandy Bolton MP & it is already in full use by the wood-turners.

Four of us were involved in helping **Bendigo Community Bank at Tewantin** to make a commercial for TV. It was a new experience for all and it will be fascinating to see the finished product, after much editing!

Frank and the **bee-keepers** also relieved the hives of about 50 kg of honey last week as well as receiving a few stings in pay-back. That honey is now for sale.

On Monday, 21 May at 1:00pm, our friends from the **Rotary Club of Noosa** will be presenting a Bosch compound mitre saw to the Shed, followed by a BBQ lunch for all in the Long Shed. More details later.

As the weather cools, a number of our members will be taking time off to travel overseas and around Australia. We wish them all safe journeys and hope they notice even more improvements at the Shed on their return. With your help, I am sure they will.

President:	Paul Asbury
VP	Ian Broadfoot
Secretary:	Stewart Neuss
Treasurer:	Steve Phillips
<u>Committee</u>	
Membership:	Peter Magarry
Long Shed:	Des Valentine
Woodwork:	Tony Sievers/David Heckendorf
Metalwork:	John Berghauser
Arts & Music:	Phillip Morgan
Hobbies & Asst Treasurer	Laurie Kelly

Health & Legal Forms.

Just a reminder to those of us who attended the excellent health presentation by Crosby Rechten and John O'Halloran. They will remember being advised of a web site to download the blank forms for:

- ◆ **General Power of Attorney.**
- ◆ **Enduring Power of Attorney.** (Long and Short forms).
- ◆ **Advanced Health Directive.**

These forms are available for free download from:

<https://publications.qld.gov.au/dataset/power-of-attorney-and-advance-health-directive>

Had your Flu Vaccination?

If not, discuss it with your doctor.

Important Dates & Events

Tues, 1 May 10:30am	Lifeline Talk - opportunities the organisation provides to support those in emotional jeopardy.	By Susan Griffiths from Lifeline. Co-ord by Owen Curtis
Thurs, 3 May & Mon, 7 May	Bookfest assistance to Daybreak Rotary	Co-ord by Jerome Stuart
Tues, 8 May	Sausage Sizzle at Bunnings Noosa	Co-ord by Tom Gittings Bunnings closed Monday.
Wed, 9 May	Assist Noosa Rotary with set up for RYDA at House With No Steps. 2 - 4pm	Co-ord by Stewart Neuss
Mon, 21 May	Presentation of Mitre Saw to NMS by Noosa Rotary at 1:00pm followed by BBQ Lunch .	
Sat, 26 May	Runaway Noosa Marathon - volunteers. Blank roster on the notice board.	Co-ord by Jerome Stuart
Mon, 4 June	Sausage Sizzle at Bunnings Noosa	Co-ord by Tom Gittings
Sat & Sun, 9 & 10 June	Noosa Hill Climb (Winter) - volunteers for Noosa Beach Classic Car	Co-ord by Jerome Stuart
Wed, 13 June	Spanner in the Works health fair, including lunch + Dr Helena Popovic .	Co-ord by Owen Curtis



Banana Suckers.
The banana trees in the top garden have produced more suckers than we can use.
If you would like some to plant at home, please see **Mike Nixon.**



Cooking for 1 or 2 Course
Begins Monday, 7 May for four weeks.
See Des or David in the kitchen.

We are invited to a "**Community Recognition Morning**" at Bunnings Noosa on Wednesday, 23 May at 10:00am.
Interested in attending? Let secretary Stewart know by 14 May.

Fishing Trip on the River — Wednesday, 2 May.
Interested — see **Ray McEwan** before morning tea on Tuesday.
Also need blokes with boats!



Phil with the musical instrument & abacus made for United Synergies.

Shed Opening Hours

Monday	12:30 - 3:30	Woodwork *
Tuesday	08:00 - 12:00	All Activities
Wednesday	08:00 - 12:00	Woodwork *
Thursday	08:00 - 12:00	All Activities
	1:30 - 3:30	Shed Band
Saturday	08:00—10:00	Gardening & Coffee

Heads-up for Volunteers. 26 May. Runaway Noosa Marathon will be needing volunteers from us.

A blank Roster is up on the board. Jerome has the details..



Hill Climb Dates. 9 & 10 June and 10 & 11 Nov. These provide some fun for the Shed volunteers and funds for the Shed. Please put the dates in your diaries.

** Lots of elbow room on these days.*

The Gordon Craig Annex.





David, Rod & Des.



“Test & Tag” by David & Michel.



Bob laying pavers with help from Jim & Tom.



Kevin & Gavin robbing the bees.

Cooking lunch at the Unitywater Staff Expo at Maroochydore are Peter, David, Frank & Tom.



Useful Information:



Below is a link to an article on **“Contributing superannuation by downsizing your home: 10-point guide.”**

<https://www.superguide.com.au/boost-your-superannuation/contributing-super-downsizing-home-10-issues-need-consider>

The Shed is publishing the link simply as possible useful information for members.

If you think there is some really useful information out there that may be of interest to our members through the newsletter, could you please send the URL link details to **Peter Magarry** at pmaga@ozemail.com.au who will coordinate the column content for the newsletter.

The Bowyang shed story (Part 2) – What happened next

It's strange how fate intervenes when all seems lost. The unexpected closure of the Bowyang meat works threw quite a few blokes out of work. Some left town for the big smoke but half a dozen of the older hands said bugger and retired to take refuge at the men's shed. Of course, this seriously changed the gender balance- for the better.

Executive control was still in the hands of Brenda, Sheila and Flo but that ended when stockman Bluey's cattle dog, Saint, peed in the aroma therapy pool while Flo was relaxing among the bubbles. Anger aroused, Flo chucked her water bottle hitting Saint behind his ear knocking him out cold as Monday's mutton. Saint was, to coin a phrase, completely unresponsive.

Only the previous week, the shed had been given a, new-fangled, defibrillator with instructions to use when the patient was, well, unresponsive. Drastic action was called for. Animal tragic, President Brenda, was up for the challenge. Placing the pads either side of Saint's rib cage she hit the button. The response was fantastic. Saint yelped, spun and sunk his canines deep into Brenda's ample calf.

The shock of Saint's assault on the good Samaritan totally collapsed Brenda's confidence. She resigned, effective immediately, threatening legal action against poor old Bluey who, fortunately, didn't have a penny to bless himself with. Naturally, past president Bushy was the majority choice to complete the vacated term of office. The natural order of things was partially restored.

Merv, the town's TV technician in analogue days, having been laid off from the job of scale checker at the meat works, was clearly the best qualified man to take charge of maintaining this magical defibrillator. After changing the dog hair covered sticky pads, he couldn't help but open the gadget to make sure it was ok inside. Now, germanium crystals, not micro-chips, were Merv's caper so when he accidentally damaged a circuit during reassembly he failed to notice. There were consequences.

The shed building was past decrepit. It was a carryover from the days when Bowyang relied on a diesel generator to power the town. The electricity authority, in their generosity, allowed the locals to have use of the shed in return for keeping the weeds down and minimizing the rodent population. Nailing sheets of iron back onto the roof after every whirl was a regular activity. On the day of the 'accident' it was Jackie's turn to climb the ladder. The fact that Jackie was eighty, smoked sixty a day and was the Mad Max' pub's prime benefactor, didn't ring any alarm bells among the members. No one should have been surprised when he fell arse over head from the ridge cap, hitting his head on the 44 gallon drum footing the ladder on the way to the ground. He too was, 'unresponsive'.

The defibrillator was deployed again- while frantic calls to the ambulance got hung up in some distant call centre. Now, these magic gadgets have a cunning feature. If the patient has a faint pulse, no shock is applied. Problem was, Merv's 'maintenance' had buggered up that part of the circuit so 'POW' and the shock stopped Jackie's ticker, this time for good. There was no coming back.

Incident reports were filled out, Shelia's hubby, the Sarge, came out and helped with the paperwork. Bushy reverted to his day job as town undertaker and a dignified funeral soon followed. Jackie had no relatives, apart from a divorced spouse, so the shed did what needed to be done.

Sitting around the fire ring the week after the burial, Con suggested Jackie probably died 'interstate'. Bluey, who had been the founding secretary and who was something of an intellectual, having passed the scholarship in 1954 with 51%, the only kid from Bowyang State School who passed that decade, laughed and said 'think you mean intestate, you know, no will'. Yeah, that what he means, eh! Well who gets his money? The questions came thick and fast until it was decided he didn't have any money and things would have rested there until Bluey mentioned the MSA insurance. Geez, reckon there could be a claim there. Investigation was called for but Con, ever the pessimist, reminded them, "No will".

Bluey who always did things on the cheap, reckoned he'd previously bought a 'do it yourself' will form from the news-agent. A plan hatched. A form was sourced, filled in, backdated, signed with Jackie's mark, witnessed by Bushy, the town's only JP, leaving all worldly goods to the Bowyang men's shed. They planted their last will and testament in the old shearer's quarters on old man Norman's run, where Jackie had resided and they waited till Shelia's hubby, the sergeant, found it- in the course of duty.

Continued next page

Subsequently, there was the matter of lodging the insurance claim. Shelia and Bluey filled in the forms, in triplicate, claiming for Jackie's accidental death while on 'legitimate shed business' and mailed them to Brisbane. With a payout a possibility, the insurer sent out their gun assessor, Basil, a real slippery cove if you ever saw one, who arrived driving a flash Mercedes S series. The investigation outcome was contributory negligence, nothing to pay here. Factors- Jackie's footwear, thongs, no harness or safety scaffolding, no work at height permit, wooden ladder and so on and so on. With the bad news delivered, slippery Basil retired to Mad Max's for a schooner or three and contemplation of a relaxed drive back to Brissy next day. And that is when inspiration bloomed in Bowyang.

Bushy made a call to Charlie, the Swedish backpacker Jillaroo and explained what needed to be done. A wannabe actress, she was up for it! Soon she was perched on a bar stool, blouse buttons awry, holding Basil's hand and listening to how his wife and kids didn't understand him. Well, as you can imagine, one thing led to another and the loved up couple retired to the bedroom on the pub's back verandah for a nightcap. When Charlie gave the agreed signal, Kev burst into the room with his trusty Leica, snapping Basil with his dacks down in a compromising embrace.

A second meeting with Basil took place at the men's shed next morning, photos were tabled, a new report was configured, 'accident, pure and simple', payout -\$100,000 to Jackie's estate.

Bowyang has a cracker new shed. The wood workshop is said to be better than the one at Noosa. Who would have believed it! The boys are back in charge - for now. It is reckoned even females have some redeeming qualities.

Ian.

To be continued . . . in the next newsletter . . .



Photography Course

Anyone interested in doing a 6 week photography course on Wednesday mornings beginning on 6 June.

Tutor - **Philip Morgan** is a former award winning commercial photographer.

Subjects -

- ◆ How to get the best out of your iPhone or Android phone camera.
- ◆ The best apps to use.
- ◆ Practical sessions on portraiture, landscapes, close up and macro, time exposures, basic Photoshop tricks and techniques, different lenses for different effects, filters (in built and add on), post processing and editing.

For some sessions you will need a digital camera, preferably with either a zoom lens or interchangeable lenses. Please register on the form on the notice board in the Long Shed.

Cost—\$5 per two hour session.

The Shed has a number of staghorn & elkhorn growing in the gardens.

A good source of needed potassium is banana skins.

Please feed the skins to the plants, not the bin.



**Safety Is a Choice
You Make.**

The choices are yours to make at the Noosa Men's Shed:

Woodwork, Metalwork, Building, Art, Electronics & Computers, Leatherwork, Gardening, Bee-keeping, Inventors & Innovators, Fishing, Band, Walking, Sailing, + Kitchen Humour.

Spanner in the Works, Wednesday, 13 June 2018.

This is a very interesting day where you can:-

- ◆ Undertake fitness tests based on your age which provides you with insights into areas you should perhaps be investing energy - strength, power, flexibility which will assist you keeping living independently
- ◆ Identify your falls risk - and falls can result in fractures, immobilisation, respiratory challenges and even death
- ◆ Work through the Spanner in the Works program with a health professional and identify where you could seek further information in order to remain healthy
- ◆ Share with mates your results and secure 'bragging rights'
- ◆ Attend the *free lunch* and listen to **Dr Helena Popovic** who will be talking about '*Supporting people living with Alzheimers*'. Dr Popovic presented at TEDx Sydney 2017 and....

Dr Helena is a regular guest on Channel 7's *Daily Edition* and Channel 9's *Morning Show* and *Today Extra*. She has also been featured on Channel 10's *The Project* and *The Circle*.

Dr Helena joined *Talking Lifestyle* Radio 2UE Sydney and 3AW Melbourne for 12 months to create a weekly podcast on how to take control of our health.

She also frequently appears on ABC radio, Sydney 2GB, Canberra 2CC, Brisbane 4BC, Adelaide 5AA, Qantas inflight radio, *Mindfood* radio and Community Radio Network Australia *The Conversation*.

Feel free to bring along your partner to listen to Dr Popovic's fascinating insights around this vexing issue! **And share the lunch sponsored by Men's Shed Association.**

A range of organisations will be at Spanner in the Works and you will be able to ask questions around Diabetes, Prostate Cancer and Care, Mental Health, Immunisation and Oral Health, or have a hearing test through Australian Hearing.

Contact **Owen Curtis** for an appointment on the Day. **Appointments are necessary, and spaces**



Colin & Roy with the golf cart donated by SUEZ Water Treatment Plant.



The pizza oven.



Frank & Peter admiring the start of the base for the pizza oven.

The new roof on the extended outdoor work area next to the Woodwork Shed.

(There are plans for another small extension, of course).



Please support these Major Sponsors & Supporters who have helped us generously over the past three years:



BENDIGO BANK	Tewantin Community Bank branch of Bendigo Bank	5440 5289	John Hague 0439 796 053
PETER PATTERSON	BOBCAT	0418 710 986	Leo Alley Rd, Noosaville
DRM CONSTRUCTION	BUILDING CONSTRUCTION	0407 227 618	
PAGE FURNISHERS	CABINET MAKING & TOPS	5485 1888	Factory St, Pomona
HOLCIM CONCRETE	CONCRETE READY-MIX	13 1188	91 Eumundi Rd, N/Ville
DARREN BALL CONCRETING	CONCRETING	0412 458 489	Noosaville
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CETNAJ Noosa	ELECTRICAL SUPPLIES	5345 7201	Action St, Noosaville
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MADILL'S MOTOR GROUP	CAR SALES	5470 0700	Lionel Donovan Dve, Noosaville

Editor: Paul Asbury—30 April 2018

We take your safety seriously, you should too!